



COOLSCULPTING AND COOLTONE | THE BEST BODY SCULPTING TREATMENTS

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Posted on: Aug 18 2020 By: Always Beautiful Medical Spa Leave a response



CoolSculpting and CoolTone are both body sculpting treatments from Allergan. The contouring procedures offer men and women non-invasive options for changing the shape and appearance of their physique without surgery and minimal to no downtime. Read on to learn more about CoolSculpting and CoolTone, discover how the treatments differ and find out if these options are right for you.

WHAT IS COOLTONE?

CoolTone is a muscle-building treatment that stimulates powerful muscle contractions. One treatment of the magnetic muscle stimulating machine induces 20,000 supramaximal contractions. The results of these contractions build, strengthen, and tone muscles of the abdomen (for a stronger core and sculpted abs) the buttocks (for a lifted, firmer look), and the legs (for more muscular thighs and quads.)

CoolTone is best suited for healthy men and women who are close to their ideal body weight. CoolTone results are most apparent when not obscured by body fat.

[Learn more about CoolTone >>](#)

WHAT IS COOLSCULPTING?

CoolSculpting is a non-invasive fat reduction treatment. This alternative liposuction reduces stubborn bulges without surgery and minimal to no downtime. CoolSculpting utilizes a scientific process known as Cryolipolysis (the cold-induced destruction of fat cells.) During treatment, bulges are subjected to controlled cooling. The cooling freezes the fat cells, destroying them. Over the span of several weeks, the body collects the fat cells and eliminates them in the form of waste. Results are natural-looking and long-lasting.

CoolSculpting works best on healthy adults who struggle with a fat deposit that resists diet and exercise. Common problem spots include belly fat, love handles, thigh fat, double chins, and upper arm fat.

[Learn more about CoolSculpting >>](#)

COMBINING THE BODY CONTOURING TREATMENTS

CoolSculpting and CoolTone are sister treatments. They complement one another. For example, when treating the abdomen, CoolSculpting will reduce belly fat to allow underlying musculature to show through. CoolTone will strengthen the abdominal muscles to give the stomach the coveted "washboard abs" the treatment is known for.

CoolSculpting magnifies CoolTone results and vice versa. But that is not the only reason to perform these two treatments in tandem. When packed together, individuals can save a lot of money on the overall cost of CoolSculpting and CoolTone.

To learn more about package pricing and potential savings on CoolSculpting and CoolTone, schedule a complimentary consultation with Always Beautiful Medical Aesthetics and Cosmetics. During this free evaluation, pricing will be discussed in detail. If fat freezing is right for you, we will customize a treatment plan that fits your body, goals, and budget.

COOLSCULPTING AND COOLTONE NEAR ME

For the best CoolSculpting and CoolTone in Aurora Colorado, schedule a free consultation with the top body contouring spa in Denver, Always Beautiful Medical Aesthetics and Cosmetics. Contact Always Beautiful by filling out the form below or calling (720) 280-7016.

SCHEDULE A COMPLIMENTARY CONSULTATION

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