

CO₂RE Intima

Pre-Treatment Instructions

1. You should have an up-to-date normal PAP test within the past 18 months and recent normal vaginal exam to ensure that there are no active infections.
2. It is recommended that you use anti-viral medication for prophylaxis prior to treatment if you have a history of HSV.
3. Hair should be shaved in the treatment area the day prior to the procedure. The hair should not be waxed or chemically removed.
4. Avoid anticoagulants such as aspirin throughout the treatment regimen, if medical condition permits and pertinent to physician approval. Anticoagulants increase the possibility of bruising.

Supply List:

- Aquaphor
- Hydrocortisone

Post-Treatment Instructions

1. After the treatment you may apply a water based lubricant or Aquaphor.
2. Gently cleanse the area with mild soap and water twice per day.
3. There may be slight itching during the healing process. Apply Hydrocortisone 1% (over the counter) twice daily until resolved.
4. Avoid sexual intercourse for 7 days.
5. No tampon use for 7 days.
6. No tub baths, Jacuzzis, or swimming until skin is completely healed.
7. No douching for 7 days.
8. There are no restrictions on bathing except to treat the skin gently, avoid scrubbing or trauma to the treated area.

If you have any questions or concerns, contact us at (802) 861-2273 or email info@barevt.com.

*In case of emergency - please contact Jamie Spano (owner) at (802) 999-4070.