

COOLSCULPTING SIDE EFFECTS: HOW TO ENSURE FAT FREEZING IS SAFE & EFFECTIVE

By delamarmedspa Posted April 17, 2019 In CoolSculpting

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Learn about CoolSculpting side effects and risks and what precautions you can take to ensure your fat freezing treatment is safe and effective.

COOLSCULPTING SIDE EFFECTS:

HOW TO ENSURE FAT FREEZING IS SAFE & EFFECTIVE

One of the newest and most advanced fat reduction procedures is CoolSculpting. This revolutionary fat freezing treatment reduces unresponsive fat cells in stubborn bulges without surgery or downtime. CoolSculpting isn't invasive like liposuction. Instead, its process, known scientifically as cryolipolysis, uses controlled cooling technology to freeze fat in any part of the body, including the flanks, abdomen, arms, thighs, back, chest, or neck area. Because the skin remains unbroken through the procedure, problematic CoolSculpting side effects are rare, and there's almost no risk of unexpected complications. Some symptoms, like bruising or soreness, do tend to follow CoolSculpting procedures, but these are mild and short-lived, and not indicative of any serious harm. Learn more about these symptoms and discover a few simple precautions when choosing your provider to help guarantee that the CoolSculpting process will be entirely safe and especially effective for you.

[Learn more about CoolSculpting >>](#)

Ensure Your Provider is CoolSculpting Certified.

CoolSculpting has an incredible safety record, but some careful preparation and research beforehand will eliminate risk to your health and ensure an effective procedure. This research should start by ensuring that a provider has been certified by CoolSculpting. There are many uncertified providers, using knock off machines, advertising CoolSculpting at discounted prices.

[See CoolSculpting Before and After Photos](#)

Insist on the latest CoolSculpting technology

Alternative "fat freezing" machines have exploded onto the market, and some untrustworthy spas have purchased and implemented this technology. Exploring these options could be dangerous for patients since CoolSculpting is the only FDA-approved fat freezing technology. There's no guarantee that these operators have received solid training, and such machines can be a threat to patient health.

Choose Experience over Expense

With a certified provider found, it is worth your time to also ensure that they have a lot of experience with the procedure. CoolSculpting has been around since 2010. But with its growing surge in popularity, many med spas are just now beginning to offer the fat freezing technology. Choose a provider that is a veteran of CoolSculpting with many years of experience.

CoolSculpting is a technique-intensive process, and the performance of the person giving the treatment has a direct impact on the quality of CoolSculpting results. If you ensure that your provider is certified and experienced, like they are at The Medspa at the Delamar, your CoolSculpting experience will be free of risk and produce incredible results.

Learn more about CoolSculpting Side Effects and find out if fat freezing is right for you by scheduling a complimentary consultation with The Medspa at the Delamar by contacting us online or (860) 295-3923.

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How Much Does CoolSculpting Cost?

Many people interested in fat freezing want to learn more about CoolSculpting cost. The interest is warranted. CoolSculpting is the most popular non-invasive fat reduction treatment in the world. The state-of-the-art body contouring procedure is celebrated for its use of controlled cooling technology to reduce fat bulges, like belly fat, love handles, double chins and more. Moreover, CoolSculpting is a dependable and safe treatment that requires no downtime. With all these advantages, most consumers have just one question left: How much does CoolSculpting cost.

[Learn more about CoolSculpting >>](#)

CoolSculpting Cost in West Hartford, CT

CoolSculpting is a highly customizable treatment. Therefore, CoolSculpting cost differs significantly between patients. The most accurate way to discover how much a CoolSculpting treatment will cost is to schedule a complimentary consultation with The Medspa at the Delamar. However, you can read on to learn what factors determine CoolSculpting prices and ways you can save on fat freezing.

How Is CoolSculpting Cost Determined?

In order to understand the pricing structure, it helps to know what a CoolSculpting procedure entails. The first step in any CoolSculpting treatment is positioning a hand applicator over the targeted fat bulge. Once everything is set in place, the provider will start up the CoolSculpting machine and expose the fat cells to a stream of intense cool temperatures. Most procedures last between 35 and 75 minutes in duration, but the specific technology and the size of the treatment area will affect exactly how long the procedure takes.

CoolSculpting Cycles

Each individual round of CoolSculpting with a given applicator is considered a cycle. Any treatment that involves mirror treatments (love handles, thighs, upper arms) requires two cycles. The Delamar at The Medspa offers dual sculpting, using two machines at one time, to double the results in half the time. If your CoolSculpting provider owns only a single CoolSculpting machine, then these cycles will need to be done separately. After the initial cycle finishes on one side, the applicator is positioned on the other side and the machine begins a new cycle.

Differences in body shape and body size mean that the number of applicators used in a treatment will vary. A belly treatment might involve one large CoolSculpting applicator for some clients or two smaller applicators for other clients.

Applicator Types and Sizes

CoolSculpting applicators come in both large and small sizes. The size of the CoolSculpting applicator will determine your total CoolSculpting cost. Large CoolSculpting applicators are about twice the size of small applicators, and so cost twice as much when used in a treatment cycle.

How to Save on CoolSculpting Cost in West Hartford, CT

It is helpful to understand that the providers do not decide the price of each CoolSculpting cycle. The owners of the CoolSculpting machine, Allergan does. This means that each provider offers CoolSculpting at relatively the same price point as other providers. Therefore, it is better to search for a provider who is skilled and experienced and can better ensure your investment, rather than waste time searching for the cheapest CoolSculpting provider.

Although Allergan sets the price point for fat freezing treatments, consumers can save on CoolSculpting cost by taking advantage of specials, such as 25% off CoolSculpting price when you schedule a complimentary consultation with the Medspa at the Delamar.

During each of these consultations, The Medspa at the Delamar reviews all pricing options while also assessing if CoolSculpting is the right procedure for accomplishing your aesthetic goals. If CoolSculpting is the ideal procedure for you, your specialist will customize a treatment plan that meets your needs while matching your budget.

Another way to save on CoolSculpting cost is to purchase a treatment plan that includes multiple cycles.

CoolSculpting is a good investment

While CoolSculpting prices may seem restrictive to some, it is important to remember that once fat is frozen off, it is gone for good. The long-lasting nature of CoolSculpting's results has been backed up by multiple scientific journals. An investment in CoolSculpting is an investment in lifetime results.

The Medspa at the Delamar is dedicated to the satisfaction of our clients and will ensure your CoolSculpting treatment is one of the best investments you'll ever make. You can reach out to us today at (860) 295-3923 or schedule a consultation online.

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