



MEDICAL + AESTHETIC DERMATOLOGY

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CoolSculpting For Men | Body Contouring for a Ripped Physique

CoolSculpting for men is the hot new trend for medical spas. What was mostly a cosmetic procedure sought by women is now becoming popular among men, and for a good reason. Most men eventually learn that achieving the lean physique they desire is not possible through diet and exercise alone. For those individuals who struggle to lose excess fat in stubborn regions like the belly, flanks, or chin, CoolSculpting may be right for you.

Benefits of CoolSculpting for Men

Men can reap the benefits of CoolSculpting when they have fat-freezing treatments applied to their trouble areas. The benefits of CoolSculpting for men include

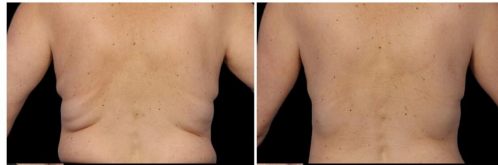
- Significant fat reduction in the abdomen
- More sculpted body
- Quick, painless 35-minute treatments
- Non-invasive fat reduction
- Little to no downtime required
- Natural-looking results
- Long-lasting results

CoolSculpting For Men Before and After*

CoolSculpting for men before and after pictures illustrate the fantastic physical transformations these male patients achieved with body contouring. Each CoolSculpting treatment helped reduce fat cells on the patient to reveal a more sculpted, firm body. Experiences may vary, but the CoolSculpting for men before and after pictures show the results that are possible following treatments. *



BEFORE Individual results may vary AFTER
12 weeks after 2nd CoolSculpting® treatment
Photos courtesy of Brian Zelickson, MD



BEFORE Individual results may vary AFTER
6 months after 3rd CoolSculpting® treatment
Photos courtesy of Grant Stevens, MD, FACS

[See More Before and After Results >>](#)

How Does CoolSculpting Work?

CoolSculpting uses *Cryolipolysis*, an advanced cooling technology that freezes fat cells to death. Harvard scientists discovered that fat cells are more vulnerable to cold temperatures than skin cells. This means, when bulges are exposed to precisely controlled temperatures, fat cells crystallize while skin cells remain unharmed. Once the fat cells are frozen, their membrane's rupture. Once ruptured, the fat cells can no longer do their job of storing fat, so they are processed out of the body as waste products. CoolSculpting provides long-lasting results because once flushed out of the body, they do not return, and they cannot regrow.

[Learn more about CoolSculpting >>](#)

CoolSculpting For Men Treatment Areas

CoolSculpting for men is approved to treat the following problem areas on the body:

- The abdomen or belly fat
- The chest or man boobs
- Upper arm fat
- The torso or back fat and armpit fat
- The flanks or hip fat and love handles
- The submental region for neck fat and double chin

For men, the most popular treatment areas include belly fat, love handles, and double chins.

CoolSculpting For Men in New Jersey

CoolSculpting for men is a great way for guys to reduce stubborn belly, flank, and chin fat that resist diet and exercise. If you are a man in Chatham, NJ, and are interested in trying CoolSculpting to get a ripped body, contact The Laser + Skin Institute. We are proud to offer expert CoolSculpting technicians who can help you get the best results. Call us at (973) 309-7541 to schedule your free CoolSculpting for men consultation.

SCHEDULE A CONSULTATION

name:

email:

phone:

Please tell us which areas you would like to target and the best time to contact you to schedule your free consultation...

By submitting this form you agree to be contacted via phone/email.



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CoolSculpting for men



[How Does CoolTone Work to Build + Sculpt Muscle](#)
Previous



Lisa Breslau, MD

Lisa Breslau, MD is a graduate of the prestigious Columbia University College of Physicians and Surgeons where she graduated with high honors. She is a Board Certified Dermatologist and member of the American Academy of Dermatology, American Society of Mohs Surgery, American Society for Laser Medicine and Surgery and a 2017 recognized Top Doctor by NJ Top Docs.

