



MEDICAL + AESTHETIC DERMATOLOGY

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Posted on August 29, 2020 | By [lisabreslauemd](#) | In [CoolSculpting](#)



CoolSculpting Treatment Areas | What Areas Can You Have Treated?

Everyone wants to know more about CoolSculpting treatment areas. What is possible with this fat freezing technology? Treatment areas include trouble zones like the lower abdomen, love handles, inner and outer thighs, double chin, neck fat, armpit fat, upper arms, and more.

The Laser Skin Institute is proud to offer CoolSculpting treatments for all problem areas that hold on to stubborn fat.

Popular CoolSculpting Treatment Areas

CoolSculpting is FDA cleared to treat the following areas:

- Abdomen
- Flanks
- Submental region
- Inner and outer thighs
- Upper arms
- Back fat
- Armpit fat

CoolSculpting Love Handles

Love handles, or flanks, are an area that is CoolSculpted regularly. Love handles are problem areas for most because unwanted fat cells easily gather in them. CoolSculpting mirror areas (your right and left love handle) require two separate CoolSculpting cycles since CoolSculpting machines can only support one applicator at a time. Fortunately, Laser Skin Institute provides dual sculpting, the use of two devices for your flank treatments to treat both sides at the same time.

[See CoolSculpting before and after pics>>](#)

CoolSculpting Abdomen

The abdomen is arguably the most common CoolSculpting treatment area. For many men and women, this area holds onto fat that is extremely diet and exercise-resistant. No matter how hard you work out or diet, you just cannot lose the bulge. With CoolSculpting, you can freeze those stubborn fat cells and get the smooth, firm lower stomach you have always wanted. Treating this area may require one large applicator or two small applicators, or a combination of both, depending on your body size and shape. During your free CoolSculpting consultation with Laser Skin Institute, our specialists will determine how many applicators and treatments you need on your belly area to see phenomenal results.

[Learn more about CoolSculpting >>](#)

CoolSculpting Double Chins

One of the newest applicators to join the CoolSculpting family is the CoolMini. This applicator specifically treats small areas of fat, such as armpit fat and fat in the submental region (double chin or neck fat.) To get an optimal fat reduction, you will require 1 to 2 treatments. This [CoolSculpting treatment area is popular among men](#).

CoolSculpting Inner and Outer Thighs

The thighs, especially the inner thighs, tend to store extra fat, becoming a problem area for many women. The latest line of CoolSculpting applicators help target and treat the thighs. The CoolFit applicator has a more extended cooling plate, great for vertical fat deposits in the inner thighs. The CoolSmooth applicator is flat and requires no suction. This is important because the outer thighs, also known as saddlebags, collect something known as "hard fat." External thigh fat is not pinchable like inner thigh fat. Therefore, the applicator uses straps to secure itself to the treatment area, rather than suction, which is used to secure applicators to sites on soft, pinchable fat.

[Learn more about applicators and how they affect CoolSculpting cost >>](#)

CoolSculpting Near Me

If you want to learn more about the CoolSculpting treatment areas and how this fat-freezing treatment can give you a firm, curvy body, call The Laser Skin Institute at (973) 828-0927. Schedule your free consultation to learn about each treatment area and to find out if you are the ideal CoolSculpting patient.

SCHEDULE A CONSULTATION

name...

email...

phone...

Please tell us which areas you would like to target and the best time to contact you to schedule your free consultation...

Submit

By submitting this form you agree to be contacted via phone/text/email.



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email...

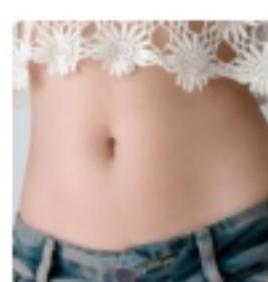
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CoolSculpting treatment areas



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Lisa Breslauer, MD is a graduate of the prestigious Columbia University College of Physicians and Surgeons where she graduated with high honors. She is a Board Certified Dermatologist and member of the American Academy of Dermatology, American Society of Mohs Surgery, American Society for Laser Medicine and Surgery and a 2017 recognized Top Doctor by NJ Top Docs.



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