

Why Should I Trust New Beauty & Wellness?



Tom has a decade of experience in bariatric medicine and has treated thousands of patients. Tom brings his passion for weight loss to NB&W. "Bariatric medicine (weight loss) provides me with the opportunity to mitigate weight related diseases and illnesses." Tom has decades of experience managing weight related illnesses and endocrinopathies. "Hormone imbalances are often the reasons that individuals become overweight and remain overweight." As a member of The Obesity Medicine Society, Tom stays current on the best practices for the management of overweight and obesity including but not limited to disease related medical management, pharmacotherapy, individually specific dietary guidance, activity recommendations, and counseling.

Tom is a member of The American Academy of Nurse Practitioners. He also has extensive training and experience in aesthetic medicine with Advanced Botox and Dermal Filler certification through Esthetic Skin Institute, and certification through Cellular Medicine Association, Charles Runels, M.D., for Vampire Facial, Vampire Facelift, Vampire Breast Lift, Vampire Wing Lift, O-Shot, P-Shot, and Platelet-Rich Plasma for Hair Restoration. "Preventative medicine and healthy aging have always been my passion. I believe esthetic medicine is an art and our bodies are dynamic, physiological, multidimensional canvases."

- Body Contouring
- Laser Genesis Facial
- Hydrafacial MD
- Naturopathic Medicine
- Botox
- Microneedling
- Dermal Fillers
- Dermaplaning

THOMAS A. BONDARCHUK, C-NP
Nurse Practitioner



Here are some common weight related conditions that we can help to manage and treat:

- Diabetes Type I and II
- Elevated Cholesterol
- Fatty Liver Disease
- High Blood Pressure
- Poly Cystic Ovarian Disorder
- Obesity
- Metabolic Syndrome

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NEW BEAUTY & WELLNESS
State of the Art Luxury Spa



A *Customized* PLAN CREATED FOR YOU

To find out which program that fits your needs.
Call **203-883-5112** to book your free screening.

What is MEDICAL WEIGHT LOSS?

IT IS not SURGERY!

At New Beauty & Wellness, each patient is given a customized plan, created by one of our practitioners (or specialists). Each plan is tailored to meet each individual's needs including those with special medical conditions. Our practitioners will work with you one-on-one to evaluate, treat and guide you through your weight loss process. Our weight loss programs are designed to deliver the right tools to each individual patient.

You've tried everything and nothing has worked!

If everything has failed it's time for a medical evaluation and a comprehensive approach to find out why. Our team has helped thousands of patients, and we can help you.

We offer a comprehensive approach that many weight loss "centers" or "clinics" simply can not.

Once we evaluate you medically, our specialists will perform a comprehensive weight loss diagnostic workup. We will then tailor a treatment program specific toward your individual needs. If necessary, our practitioners can prescribe medication or adjust your current medication to maximize your weight loss results safely. Typically as weight related conditions such as high blood pressure, type II diabetes and elevated cholesterol resolve it is necessary to slowly reduce medication. While under our medical care for weight loss we will keep in close contact with your physician's and educate you about weight related illnesses.

How much does it cost?

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If your doctor has told you to lose weight, it's time! Why wait? If your health is a concern, if you have tried to lose weight without medical supervision and failed, if you're tired of being tired and fatigued, it's time. We can help.

That being said our medical fees are based upon your specific needs which are determined during the free initial weight loss screening.

The standard evaluation for weight screening is the Body Mass Index or BMI. A BMI < 25 is considered normal or healthy. A BMI of 25-30 is considered overweight and could be potentially unhealthy. A BMI > 30 is considered obese and an independent risk factor for many illnesses and conditions.



Call 203-883-5112
To Book a FREE Screening!

PROGRAMS include	New Beauty & Wellness	Jenny Craig®	Nutri System®	Weight Watchers®
Program Fee	✓	✓		✓
Basic Meal Costs	✓	✓	✓	✓
Free initial personal consultation	✓	✓		
On Site Licensed Medical Provider	✓			
Medical Assistant on Staff	✓			
Local Centers	✓	✓		✓
Weekly private weigh-ins	✓			
Mandatory medical consultation (including History, Physical, Blood Work, EKG)	✓			
Individualized Programs	✓	✓	✓	
Ability to prescribe appetite suppressants and adjust medication when necessary	✓			
Maintenance Program	✓	✓		
Packaged meals, snacks and shakes available for purchase	✓	✓	✓	✓
Multiple Health Resource Tools	✓	✓	✓	✓
Cancellation/Re-enrollment fees			✓	✓

Currently, most available weight loss drugs approved by the DFA are for short-term use, meaning a few weeks or several months. One class of weight loss medication is "appetite suppressants." These drugs generally come in the form of tablets or extended-release capsules. The appetite suppressants offered by New Beauty & Wellness can be obtained by a doctor's prescription.

FIND OUT IF OUR PROGRAM IS RIGHT FOR YOU.

Not sure yet? Don't be discouraged. Call to schedule a free body composition analysis and 1:1 evaluation with our weight loss specialists to get all the facts about your ability to lose weight.