

A Look of Longevity

Elite Rejuvenation | Exquisite Transformations

Water's Edge Medical Clinic and Spa offers natural and regenerative pain solutions, quality aesthetic services for the face and body, and more anti-aging and wellness treatments for full-body rejuvenation and transformation.

Our mission is to help each client find lasting, effective solutions for a long, healthy, beautiful life. Men and women in St. Petersburg choose Water's Edge for our outstanding patient care and quick, long-lasting results. Learn more about what sets us apart from other clinics: book a consultation with us today!

BOOK NOW

Our Services

Everything you need to look & feel your best, both inside & out

Whether you are in need of innovative pain management, cosmetic care, body shaping services, effective wellness treatments, or all of the above- we can help! Treatments are performed by experienced professionals

Medical Spa

Renew your confidence with effective treatments such as Liposuction, hair restoration, microdermabrasion & more.

VIEW SERVICES

Natural Pain & Regenerative Clinic: Symptoms

Get customized treatment plans from our expert healthcare team. Treat pain in the knees, back, neck, joints & more.

VIEW SERVICES

Natural Pain & Regenerative Clinic: Treatments

Restore energy and improve your overall health with our variety of therapies, shots, and wellness treatments.

VIEW SERVICES

Anti-Aging, Weightloss, & Wellness

Take back your youth and vitality with weight loss treatments, wellness injections, and peptide therapy.

VIEW SERVICES



CERTIFIED PROFESSIONALS

A team of experts performs each treatment.



PERSONALIZED CARE

Treatment plans are based on your unique needs & goals.



STATE-OF-THE-ART CLINIC

The best technologies & equipment are used for each service.



TOP-RATED CARE

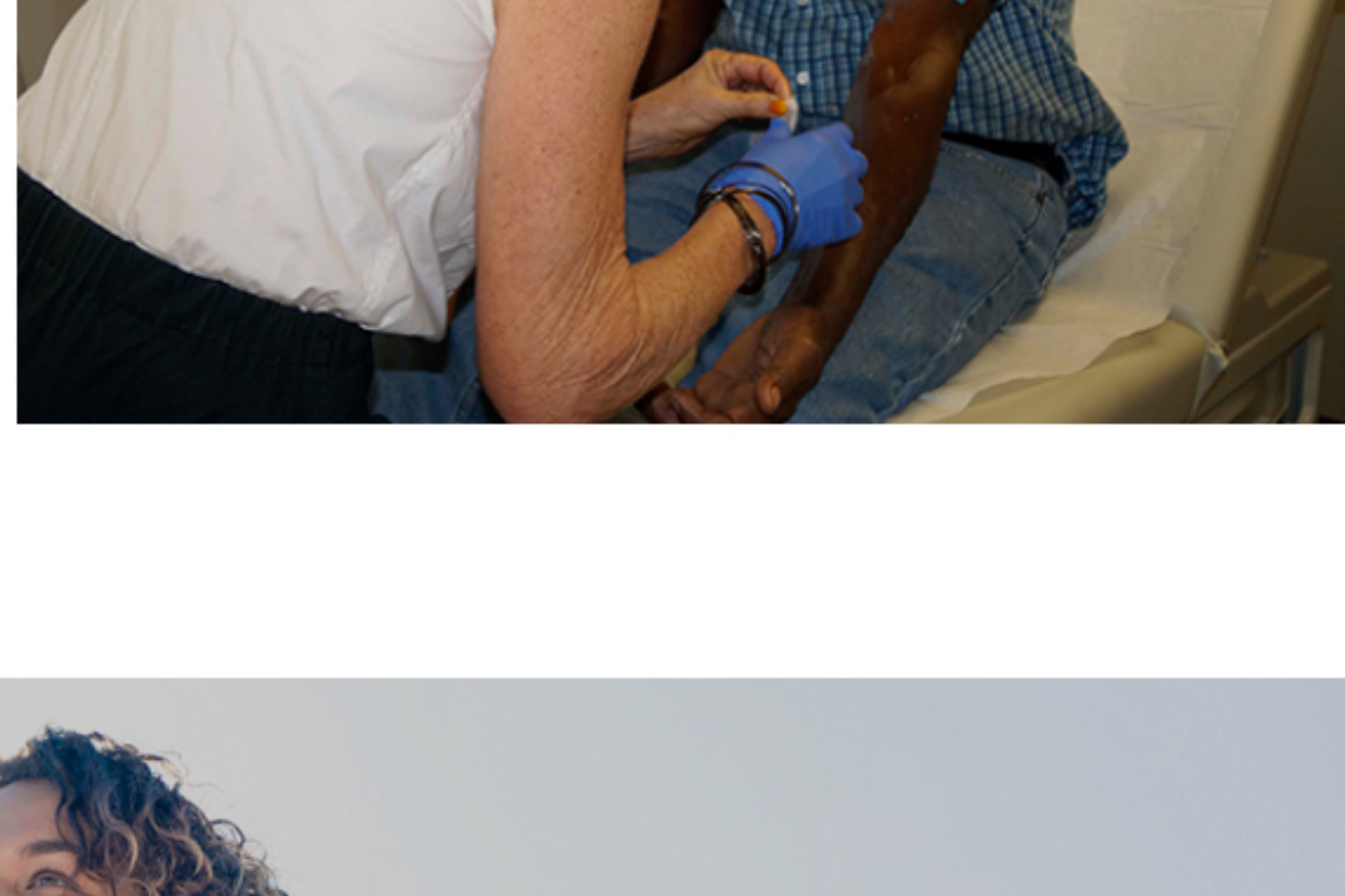
The #1 medical clinic for men & women in St. Petersburg.

About Us

Innovative Solutions for Pain Relief, Skin Rejuvenation & Body Contouring

Water's Edge is the #1 Medical Clinic and Spa in St. Petersburg, FL. We offer a wide variety of cosmetic services and all-natural and regenerative options for pain relief. Our team of experts offers decades of experience in creating personalized treatment plans, administering safe treatments, and ensuring optimal results. Book with us today to start your journey toward enhanced longevity & vitality.

READ MORE



Medical Spa

LIPO-LIGHT

Shape the body of your dreams at the speed of light! 20-minute Lipolight treatments reduce fat using a unique, light-emitting device. No surgery, no pain, and no downtime required.

Learn more

PLASMA FACIALS

HAIR RESTORATION

MICRO-NEEDLING WITH MORPHEUS 8

LIPOSUCTION

High Definition Liposuction to remove unwanted fat and shape desired curves at the most affordable rates. Water's Edge specializes in reducing love handles and abdominal fat.

Learn more

ELITE IQ

MICRODERMABRASION

Anti-Aging, Weightloss & Wellness

WEIGHT LOSS

Discover an enhanced quality of life and renew your confidence. Water's Edge offers a 3-Phase program for safe and lasting weight loss. Book a consultation with us to learn more!

Learn more

B12 AND LIPOVITE INJECTIONS

Achieve your weight loss goals with the help of our vitamin and B12 injections. Most effective when used in conjunction with our Weight Loss Program and Lipo-Light treatment.

Learn more

PEPTIDE THERAPY

Maximize your body's full potential. Peptide Therapy treatments work to increase vitality & strength. When combined with diet and exercise, treatments can slow aging, boost stamina & more.

Learn more

SEMAPLUTIDE

Suppress appetite, burn fat, and achieve your target weight without feeling hungry all the time with Semaglutide weight loss injections.

Learn more

Natural Pain & Regenerative Clinic: Symptoms

Find relief from your unique symptoms of knee pain or Osteoarthritis. A doctor will conduct a physical checkup and create a personalized treatment plan based on your needs.

Learn more

BACK PAIN

SHOULDER PAIN

HIP PAIN

NECK PAIN

Water's Edge Medical Clinic has over 20 years of experience in neuropathy care and treatment. Natural pain & regenerative therapy options include injections, EMS, red light therapy, ozone therapy, and more.

Learn more

SCIATICA

ARTHRITIS

CARPAL TUNNEL

Natural Pain & Regenerative Clinic: Treatments

Improve your overall wellness by increasing the oxygen supply in the body. This therapy is effective for treating muscle, tendon, and joint pain. Can be used in conjunction with other treatments.

Learn more

PLASMA THERAPY

PROLOZONE THERAPY

TRIGGER POINT INJECTIONS

REGENERATIVE MEDICINE

WOUND CARE

Chronic wounds occur when a wound has not gone through the normal healing process & remains open for more than a month. Amniotic tissue effectively treats chronic and other wounds safely & quickly.

Learn more

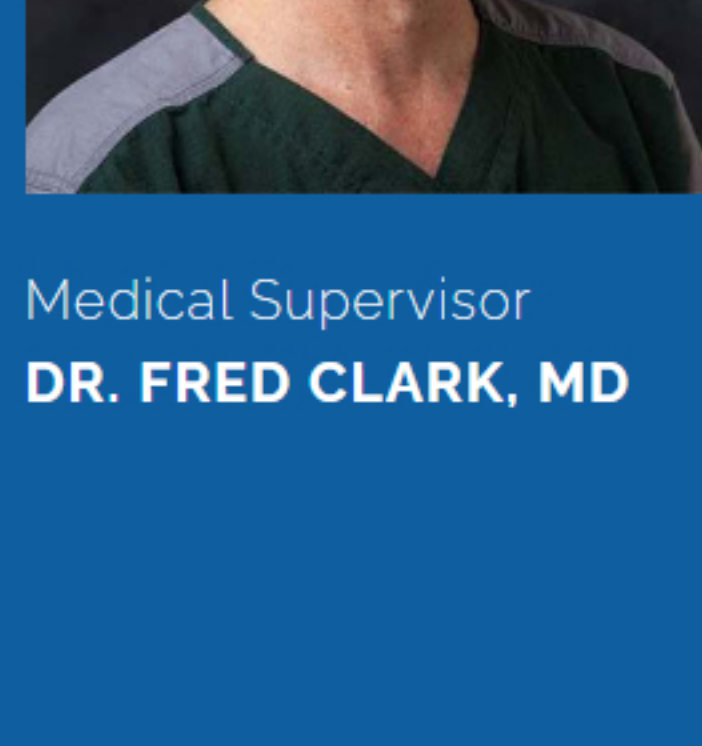
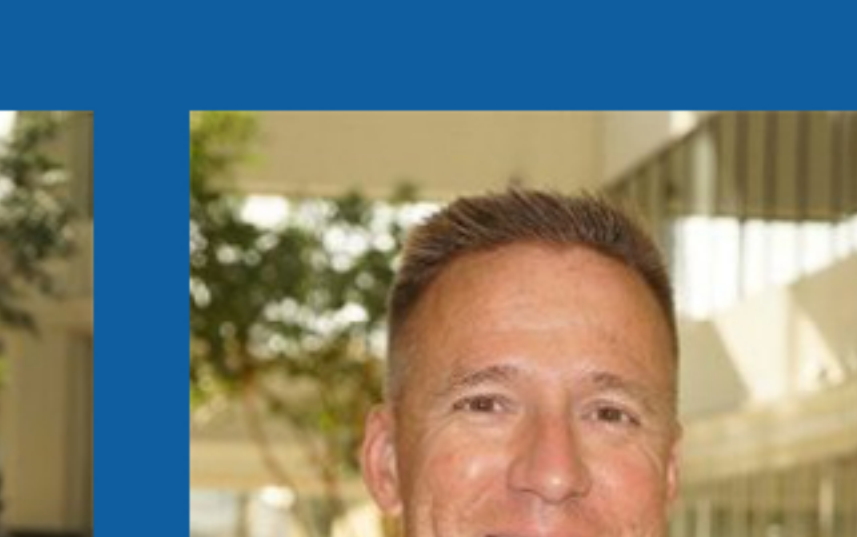
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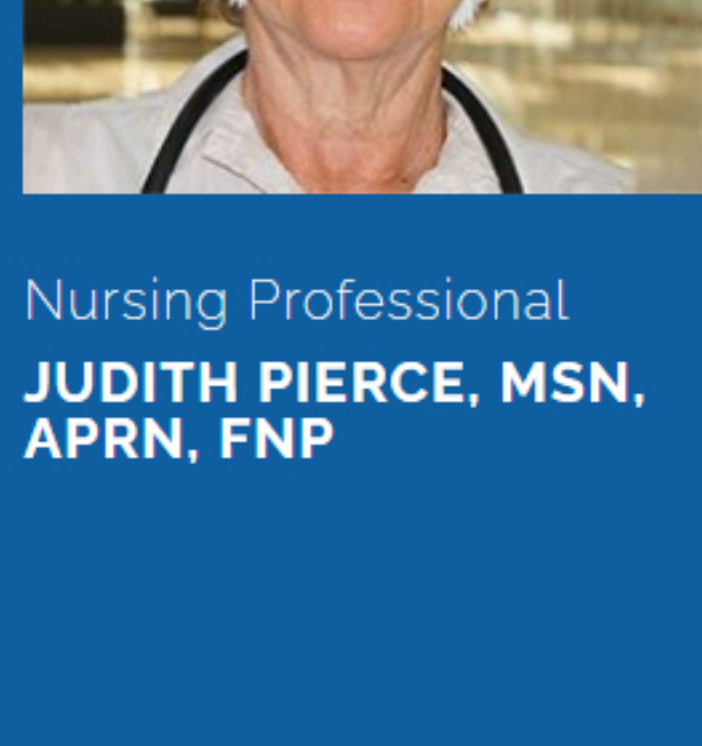
VISOSUPPLEMENTATION

Our Team

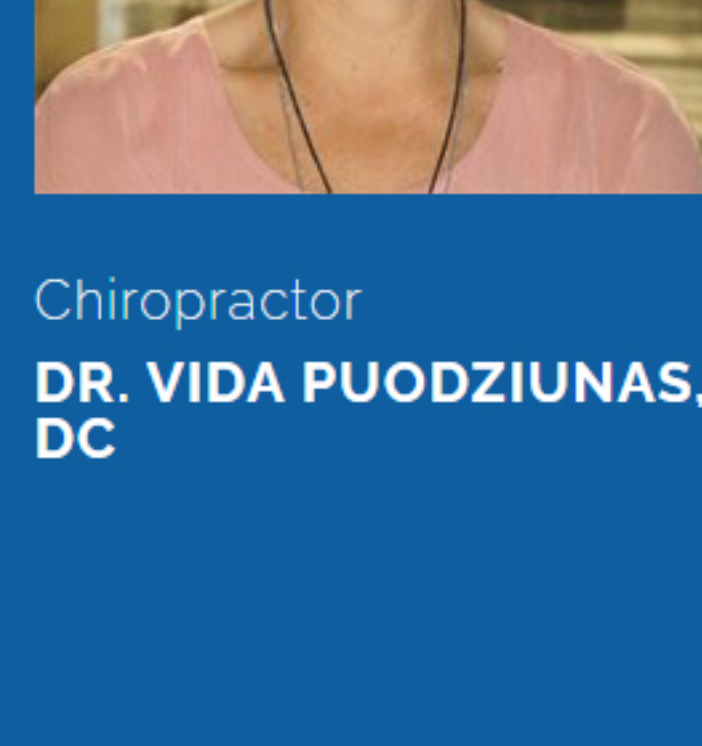
The Water's Edge Medical Clinic with Decades of made up of professional experts and decades of experience. We provide the highest standards of patient care and the most innovative treatments for health, wellness, and beauty in St. Petersburg, FL.



Medical Supervisor
DR. FRED CLARK, MD



Nursing Professional
JUDITH PIERCE, MSN, APRN, FNP



Chiropractor
DR. VIDA PUODZIUNAS, DC



Owner
VICTOR PUODZIUNAS

"I had a great experience with the staff and the treatment. I highly recommend this office and treatments."

"I feel great! I am so much improved I haven't even used a walker for about a month. I am so grateful for this treatment. I can't find the words to thank you. Considering my age (80) I feel great!"

"I made my first visit at Water's Edge remarkable. Nurse Judy is AMAZING! God Bless you all!"



Contact Us

Start your transformation today.

Name

Email

Phone

SUBMIT

By submitting this form you agree to be contacted via phone/text/email. Reply 'Stop' to opt-out.

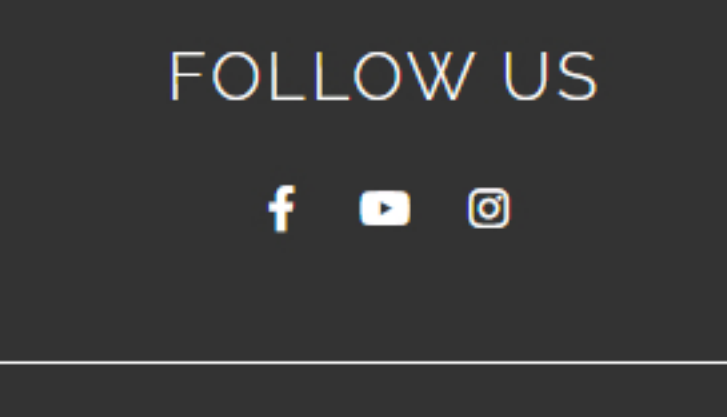
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CONTACT US

727-550-0855

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Petersburg, FL 33701



FOLLOW US



HOURS

Mon: Closed

Tue - Thurs: 9:00 am - 5 pm

Fri: 9:00 am - 2 pm

Sat - Sun: Closed